

# CURRICULUM VITAE

## **Dr. Michael K Davis, PT, DPT, OCS**

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### **Education**

Evidence In Motion (Aug 2017 - Feb 2019) - Orthopedic Residency  
Upstate Medical University (Jun 2014-Jun 2017) – Doctor of Physical Therapy  
University at Phoenix (Aug 2012- May 2013) – Prerequisites for Physical Therapy  
Monroe Community College (Jan 2010- May 2010) – Elective coursework  
College at Brockport (Jul 2008- May 2010) – B.S. in Kinesiology  
University at Buffalo (Aug 2005- May 2007) – B.S. in Applied Engineering Physics

### **Licensure and Board Certification**

Licensed Doctor as Physical Therapist  
State of Arizona, License # 13174, August 2017 – present  
  
Orthopaedic Clinical Specialist (OCS)  
Board Certified Specialist in Orthopaedic Physical Therapy, American Board of Physical Therapy  
Specialties, Certification Number 55565, June 2019 - Present  
  
Certified Cognitive Behavior Specialist for Insomnia  
Certified January 2018 - Present  
  
Certified LSVT BIG Clinician  
Certified June 2017 - Present  
  
CrossFit Level 1 Trainer  
Certified April 2019 - Present

### **Clinical Experience**

Sports PT, Outpatient (March 2017 – May 2017)  
Upstate Medical University, Neurologic Acute Care (January 2017 - March 2017)  
Veterans Affairs Medical Center, Inpatient Rehabilitation (July 2016-August 2016)  
Thompson Hospital, Outpatient (August 2015 - October 2015)

## **Employment**

Rainey Pain and Performance, Physical Therapist and Chief Operating Officer (August 2017 - Present)

Crossfit Sierra Vista, Co-Owner, Coach, Facilities Manager (May 2018 - Present)

Wayland Baptist University, Professor (Aug 2018 - Present)

US Army, Infantry Officer, Captain (April 2007 – June 2017)

## **Scholarly Activity**

### Presentations

PIMA Medical University, Tucson, AZ 2019, How to treat a patient in pain utilizing psychosocial exam components.

Sierra Vista Methodist Church, 2017, 2018, 2019: Research based interventions for Parkinson's Disease

Tucson Rehab Center, 2020 Huntington's Disease interventional management

### Research

Rainey Pain and Performance: Effect of Virtual Reality on Heart Rate variability and central sensitization inventory, 2019 - present

Upstate Medical University: Effect of therapeutic neuroscience education as a PT intervention. (Jan 2016 – May 2016)

Brockport College: Impact of the new ARMY physical training program on cadets. (September 2008 – May 2009)

### Teaching

Biology 101, Wayland Baptist University, 2018 to present

## **Awards and Achievements**

Graduate of US Army Ranger School in 2012

George C Marshall Leadership Award in 2010

## **Professional Organizations**

American Physical Therapy Association

Member; 2014 – present

Orthopedic Section Member; 2017 - Present

American Physical Therapy Association of Arizona

Member; 2017 – present

Christian Physical Rehab Professionals Association  
Member; 2015 - Present

### **Community Involvement**

Parkinson's and Huntington's disease presentations, 2017, 2018, 2019

### **Continuing Education**

APTA - Arizona meeting - 2019

CrossFit Level 1 Certification - 2019

LSVT BIG Recertification, 2019

Whiplash Management, Tucson - 2018

Medbridge; Vestibular Rehab - 2017